

Forest Health Medical Education

Education for patients of Practices in Bracknell Forest and Ascot

To register for this event, please go to www.nhsevents.info
and fill out the registration form

Osteo Arthritis Information Event

Bracknell & Ascot CCG supported by Bracknell Forest Council and Public Health are supporting an evening on Osteoarthritis, which is organised by Forest Health Group PPG.

During the evening a variety of health professionals will talk to you on aspects of treatment, pain relief and prevention. They will address the physical and mental health needs of arthritis sufferers. It should be fun and interactive. You shall have plenty of time to ask questions if you wish to.

Please be aware, that you must register your attendance. Only registered patients can be admitted. The form will ask your email and your telephone number in case of last minute changes. There are about 100 spaces. We expect this evening to be quite popular and would recommend early registration. Once the spaces are full the web-tool will be disabled.

Who: All patients registered with a practice in Bracknell & Ascot or any person related to the NHS or the Local Authority.

Location: Easthampstead Baptist Church

Date: 13 April 2016

Time: 18:00

For any further queries, please email the chair of our patient participation group, Isabel Mattick on forestendpatientgroup@aol.com.

Please be aware that due to personnel and capacity issues we are unable to register you by any other means than online. If you do not have the internet, please ask a friend, relative or your surgery to register you. We can only communicate any changes, cancellations or updates via email.



NHS
Bracknell and Ascot
Clinical Commissioning Group



Agenda

Education for patients of Bracknell & Ascot CCG by Forest Health Group PPG

A free evening on how to avoid, treat or care for Arthritis

Where: Easthampstead Baptist Church. When: April 13th at 6pm

6:00 pm	Registration & Refreshments	
6:30 – 6:35 pm	Welcome by the Forest Health Patient Participation Group	PPG Representative
6:35 – 6:40pm	Introduction the evening	Chairman
6:40 – 7:00pm	Arthritis – What is it and what are the Treatments?	Dr John Thing, GP specialist in Musculoskeletal Disorders
7:00 – 7:20 pm	Avoiding joint replacements	Sonia Coleman, Specialist Physiotherapist, Active Solutions
7:20 – 7:30 pm	Patient Cases	Sonia Coleman & Chairman
7:30 – 7:50 pm	Arthritis Activity Session	Leena & Kishore Sankla, Falls Free 4 Life
7:50 – 8:10 pm	Mental Wellbeing when living with Arthritis – Relaxation session	Judith Chapman and Alison Salvadori
8:10 – 8:30 pm	Panel discussion including Chairman and All Speakers	
8:30 pm	Chairman Closing Remarks	Chairman

